

# Travel & Cruise



## Weekly



keep  
*dreaming...*



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# Contents

- 4 Destination spotlight  
*Discover where in the world you should visit next*
- 6 For foodies  
*A holiday worth all the tea*
- 7 In the news  
*Catch up on the latest travel and cruise news*
- 8 Experiencing authentic Australia  
*Taking an Indigenous-led tour offers a glimpse into an authentic Australia, writes Myles Stedman*
- 12 Walking in Memphis  
*Add this famous city to your bucket list*
- 14 Take four  
*Museums of Aussie oddballs*
- 16 Keep your cruising dream alive  
*Discover which luxury cruise line has the best Italian cuisine*
- 18 Puzzles  
*Relax and enjoy the puzzle pages*
- 22 Make it at home  
*Chocolate recipes from around the world*



## From the Publisher Jenny Piper

Every year for the last decade or so, we have been fortunate to be invited to the Australian Open for a day of great tennis. This year we were also lucky enough to score an invite despite reduced numbers of spectators. BUT, in this COVID world, things didn't run as smoothly as hoped – the 5 day snap lockdown in Melbourne meant many changed flights and accommodation, but we made it and had a fabulous day. It did make me realise that travel in the future is going to be more complex and we will need to be flexible as things can change overnight. This is where our travel agents are going to be vital as we plan for future travel further afield. Despite all the restrictions (see my pic) Melbourne still had its great summer vibe.

In this week's issue we explore quite a few great Aussie travel spots. Enjoy reading about four quirky museums worth a visit, such as the Mad Max museum out near Broken Hill. Recently, while up at the NSW Central Coast and walking through Bouddi National Park, we met a guide from Girra Girra Aboriginal experiences escorting a small group on one of their immersive experiences, our feature this week looks at some great Indigenous-led tours available. I can't wait to do some of them myself.

And an update – we have been the victim of the Facebook lockout, but we are still on **Instagram**. So if you aren't already following us, may I encourage you to do so @travelcruiseweekly. We will keep posting great travel ideas to keep you dreaming.

xx Jenny

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# Porto, Portugal

Wander along the narrow, cobbled streets of Porto to immerse yourself in the rich history of Portugal's second largest city. With outstanding food and wine, vibrant nightlife, old-world charm and relentlessly hospitable locals, it is no wonder this city is so loved by visitors. While there we recommend a stroll along the banks of the Rio Douro, and of course a Port tasting is a must!





# For foodies

## A holiday worth all the tea in the subcontinent

India and Sri Lanka are considered international base camp for tea-lovers, second only to China in tea production. Although these two neighbouring countries are revered for their tea, there are key differences in the palette that travellers should know about before setting out on their grand tea quest.

India for example, is most famous for its Assam and Darjeeling tea varieties. If you are partial to a cuppa, then India will be just your cup of tea for a holiday, with the locals' love affair with the popular beverage accounting for close to 30% of global consumption. The brisk and malty Assam leaves are abundant on tea tours in the north east of the country, with some plantations also growing a small amount of green and white varietals boasting their own idiosyncratic spicy notes.

Travellers traipsing through the eastern

parts of India along the Bay of Bengal will find plenty of Darjeeling tea, renowned for its sweet and almost musk spice flavours and aromas, with around 87 tea estates in the region. Some of the popular ones to visit include Avongrove, Glenburn and Happy Valley.

Just across the Palk Strait you will find the ancient kingdom of Ceylon, referred to in modern times as Sri Lanka. The country's humidity and rainfall in the central highlands provides fertile ground for high-quality tea, with locals preferring to drink their hot cup very strong with milk and sugar. The flagship variety here is black Ceylon tea, considered the cleanest in the world and is the flavour behind popular supermarket brands like Dilmah. It typically has mild tannins and is described as being "bold and brisk" by locals.



©Princess Cruises

# In the News

## Princess doubles down

Princess Cruises has shown its firm confidence in cruising demand from Australia and New Zealand, with the announcement last week that it will deploy four ships locally in 2022/23.

The season will go on sale next week, and will see the 3,560 passenger *Royal Princess* and sister ship *Majestic Princess* operating out of Sydney.

Melbourne will have its own homeport vessel in the form of *Grand Princess*, making her Australian debut, while Brisbane will feature *Coral Princess* which will also offer a World Cruise out

of Australia as well as a full circumnavigation.

All of the ships will be equipped with Princess' Ocean Medallion technology.

A total of 134 departures will be on offer to 108 destinations in 33 countries, with the early release of the 2023 program following huge demand for 2022 voyages, with many already waitlisted.

## NZ pass trial

Air New Zealand will be one of the first airlines in the world to trial a new digital travel pass being developed by the International Air Transport Association.

Currently scheduled to go live on the Apple and Android app stores in April,

the system will be trialled for three weeks on the Auckland-Sydney route.

"Reassuring customers that travel is in fact safe is one of our priorities," said Jennifer Sepull, Air New Zealand's Chief Digital Officer.

"Once borders reopen, travel is going to look very different, with customers' health data needing to be verified at check-in.

"It's essentially like having a digital health certificate that can be easily and securely shared with airlines...this will give customers peace of mind that they meet all travel requirements for the different countries around the world before they even get to the airport," she said.



# Experiencing authentic Australia

Taking an Indigenous-led tour offers a glimpse into an authentic Australia, writes Myles Stedman.

*Above: Women enjoying a guided Aboriginal cultural tour with Margret Campbell of Dreamtime Southern X in Sydney. Dreamtime Southern X runs tours around Sydney Harbour. © Destination NSW*

Indigenous Australians are known for having cultivated the world's oldest living civilisation – born not just before the First Fleet arrived in Australia, but long before anyone arrived anywhere. For those of us who are more recent arrivals, taking a tour with Aboriginal & Torres Strait Islander peoples gives us a chance to understand their history and learn more about the stories of this country. Here is a number of First Nations-led tours through which travellers can breathe life into that history.

You don't have to go far for an authentic First Peoples experience, with many operators running tours out of the capital cities. Sydney Rocks Dreaming Tour takes travellers on a 90-minute walkabout in the city's Rocks neighbourhood,

detailing the heritage of First Australians and their connection to Sydney Harbour. Priced at \$45 per person and departing daily at 10:30am, guests will learn about how the local Indigenous people used the land and water, and their connection to not just Sydney Harbour, but Port Jackson as a whole. Before setting out, participants will join in a ceremony in where they accept ochre, and acknowledge the Earth Mother, before hearing about her landscape. The land around Port Jackson was originally colonised by the Eora clans, made up of the Cammeraygal, Gadigal and Wangal people, who lived on the northern, southern and western banks of the shore respectively. A Sydney Rocks Dreaming Tour run by Dreamtime Southern X will show you the land through the eyes of these mobs, over the course of 90 minutes.

If you're keen to step outside the cities for a slightly quieter experience, Bullen Bullen Cultural Tours' Wurundjeri Walking Tour takes guests on a one-hour guided tour, offering a perspective on how Aboriginal people understand the local environment in Melbourne's Dandenong region. Departing twice a day on Tuesday, Friday, Saturday and Sunday, prices lead in at \$35 for adults,

with your Wurundjeri guide to touch on land and water use, as well as the special uses of plants found in the bush. Visitors will also participate in a tanderrum – a ceremony enacted by Victorian Aboriginal nations – allowing safe passage and temporary access on their lands.

If you're after a more "modern Australia meets ancient Australia" approach, Diverse Travel offers an Aboriginal Culture & Quad Bike Adventure. Taking place across 90 minutes, tours run seven days a week at 9.30am and 1pm and depart year-round from Worimi Local Aboriginal Land Council (LALC) in Port Stephens, NSW. Adult departures lead in from \$135, and take travellers through Worimi Conservation Lands' sand dunes – some of the highest in the southern hemisphere – on land that does not open to the public. Riding from bush to beach on quad bikes, guides will inform travellers about bush tucker, teach guests how to dig for fresh water, and visit the Aboriginal sites along the beach. This tour is also owned and operated by the Worimi LALC and the local Aboriginal community – just one of the many nations who shaped the earliest history of our nation, and continue to do so up to today.



Opposite page:  
Explore the Central Coast on a bushwalk with an Aboriginal guide ©Girri Girra Aboriginal Tours

Top this page:  
Discover the Dandenong region from the perspective of its Indigenous people ©Bullen Bullen Cultural Tours

Bottom this page:  
Get your heart rate up while learning about Aboriginal culture in Port Stephens ©Destination NSW

For those after an experience a step farther, and a step longer, Girri Girra Aboriginal Experiences is a 100% Aboriginal-owned business operating walking tours around New South Wales' Central Coast. Girri Girra provides three walks of differing lengths – two-and-a-half, three, and four hours, around Bulgandry Aboriginal Art Site, Bouddi, and Yengo National Parks respectively. Tours lead in at \$90, and despite the extended lengths on all three, the bushwalks are classed as "easy". Departures are limited to 15, so as to provide the most immersive experience possible. Tours offer timeless stories, original rock carvings, and pass on Indigenous knowledge about bush food, medicines, spirituality, totems, fire stick farming, stories and dance.

"Australia is now maturing to the point where people are seeking truth, identity and connection," explains Founder & Director Tim Selwyn.

"People want a genuine experience, they want the connection to country Aboriginal people talk about. We need to let our children know they can't just take, they need to always walk with good intent," he said, emphasising the point with the native word "wundarri", meaning "stay in your light".



# Walking in Memphis

The city has slowly started to reopen its doors, so here are 3 reasons to add Memphis to your bucket list once international travel is back rocking and rolling!



Don't miss a visit to the recording studio at Sun Studio ©Dan Ball

Although international travel is still currently off the cards, this hasn't stopped the great southern US city of Memphis from pushing forward and adapting during these difficult times. The city has slowly started to reopen its doors, so here are 3 reasons to add Memphis to your bucket list once international travel is back rocking and rolling!

## National Civil Rights Museum

Memphis is celebrated for its rich history, iconic landmarks and vibrant music scene. The city continues to roll out a series of moving and important exhibitions and events through the remarkable National Civil Rights Museum. And for those who cannot attend in person, they will be running virtual programs. With February being Black History Month, what better time to appreciate and delve into the rich cultural history Memphis has to offer.

## Sun Studio

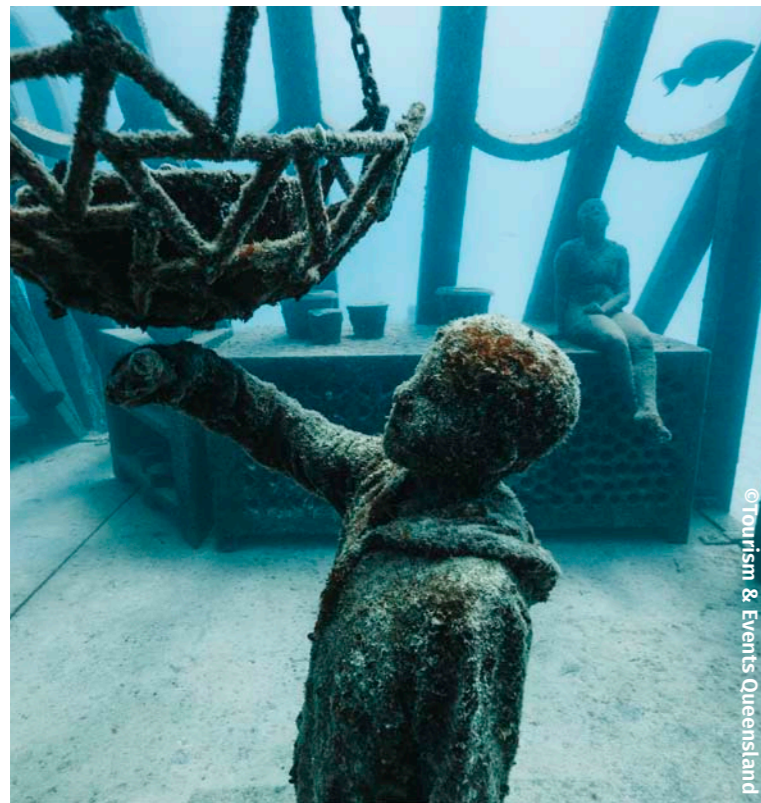
The world famous Sun Studio is a crucial fixture in the formation and history of American music. Visitors can take part in a guided tour every hour through the birthplace of rock 'n' roll where you will experience outtakes from recording sessions, touch Elvis' first microphone and hear the real story of the studio that launched the careers of not only Elvis Presley, but Johnny Cash, Jerry Lee Lewis, Carl Perkins, B.B. King, Roy Orbison, Charlie Rich, and many others that signed with the Sun label.

## Beale Street

For the live music buffs, Beale Street has always been a must-visit, offering a selection of venues all of which are ready and waiting to welcome back international guests. Start at the blues and jazz bars and clubs, and then wander wherever your ears take you – it won't be far. Not to mention, Memphis is known as the home of barbeque, and good barbeque at that, and Beale Street has got you and your tastebuds well and truly covered!

# Four things

Museums aren't always a stuffy experience, just take some of these Aussie oddballs which represent aspects of history like no other.

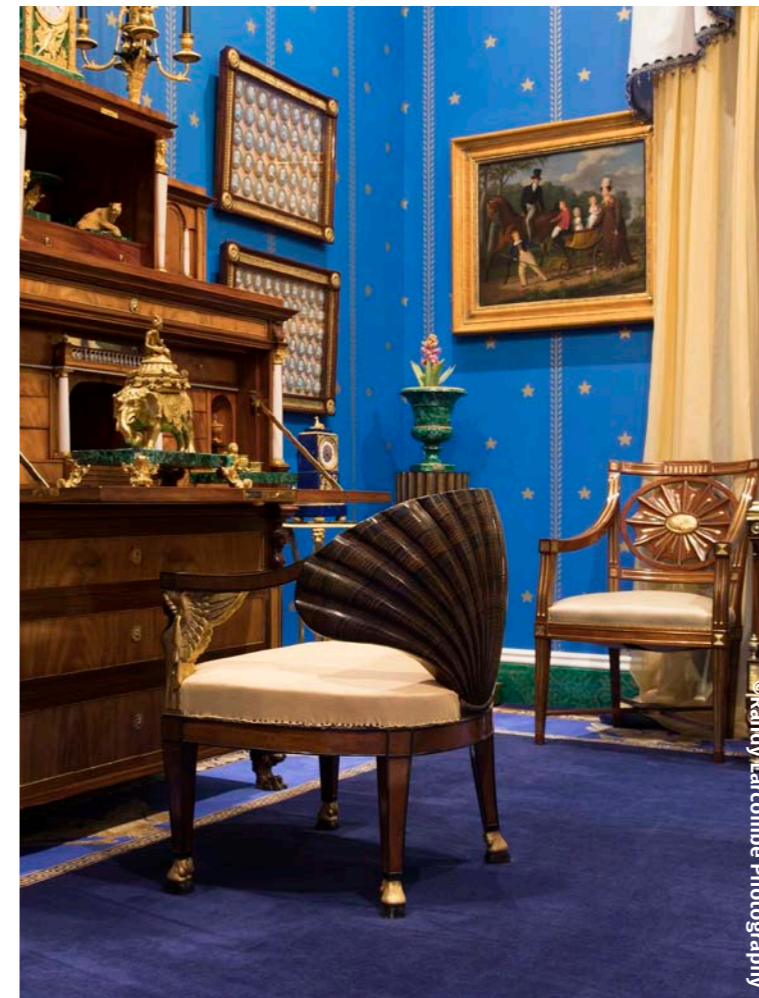


## Museum of Underwater Art

Talk about a unique feel! Australia's Museum of Underwater Art is the only museum of its kind in the Southern Hemisphere, submerged 15 metres under water off the coast of Townsville, Queensland. In this aquatic cultural wonderland, visitors can swim their way up to sculptures and abstract pieces designed to make them think about the issue of climate change and its effect on natural treasures such as the Great Barrier Reef. Try not to get chatting with any of the local marine curators however, they can talk underwater those guys.

## Skylab's Remains

Skylab was the first space station ever launched into orbit by the United States, and for Millennials and Gen Zs, they may have little awareness about the frantic international headlines this small satellite caused the world back in 1979. Poor NASA planning saw Skylab's orbit begin to decay after losing boost, sending it on a collision course with Earth, but the big question was where? As it happened, debris rained down on the sleepy WA town of Esperance, which is where you can visit Skylab's Remains, a small museum devoted to what fell from the heavens and thankfully, injured nobody in the process.



## David Roche House Museum

Hoarders have earned a bad reputation of late but some people, as it transpires, were well suited to dedicating a lifetime's worth of effort to collecting weird and wonderful objects. Just take art collector and dog breeder David Roche, whose house in Adelaide now stands as a shrine to his vast assortment of decorative paintings, sculptures, ceramics, furniture and kooky clocks. The collection is estimated to be worth around \$80 million and contains one of the largest collections of English and French Empire art and objects outside of the United Kingdom. General tours will cost you \$29.

## Mad Max 2 Museum

All iconic films have fans, but as we know there are some movie buffs who take their obsession much further than others. And thank goodness they do, otherwise we would not have the Mad Max 2 Museum in Silverton near Broken Hill in NSW's outback. Thanks to Mad Max aficionado Adrian Bennett, there is a museum dedicated to the film franchise that looks authentically apocalyptic just like the films, with props and costumes from the films strewn all over the red dirt, which happens to be where one of the movies was shot. The museum is open daily from 10am to 4pm.





# Keep your cruising tastebuds tantalised

Dining is a key part of your cruising experience, so to help you choose which ship you should sail on next, we're bringing you a series of comparisons of onboard dining.

This week, take a look at the Italian dining options onboard luxury cruise lines.



## Sette Mari at La Veranda Regent Seven Seas Cruises

While La Veranda offers breakfast and lunch buffets on board Regent Seven Seas, when it comes to dinner it transforms into Sette Mari at La Veranda, with an a la carte menu. Enjoy authentic antipasti and Italian specialities, all paired with fine Italian wines. Reservations are not required and you can dine inside or al fresco under the stars. Sette Mari is available on all of Regent Seven Seas' ships.

## Prego Crystal Cruises

Prego serves Northern Italian favourites, with a modern twist and is on board *Crystal Serenity* and *Crystal Symphony*. The design is Venetian-inspired, with artfully covered walls, upholstered furnishings, and dramatic lighting. Do not go past the carpaccio di manzo, mushroom soup and slow-roasted pumpkin ravioli, finished with tiramisu. Prego is open for dinner and reservations are required, with one dinner per passenger included in the fare, with additional visits subsequent charged at \$30 per person. Those on back-to-back voyages or staying in a penthouse category room are entitled to additional dining experiences.



## La Terrazza & Spaccanapoli Silversea Cruises

Some of Silversea Cruises' ships actually feature two Italian restaurants, Spaccanapoli and La Terrazza, while others just play host to La Terrazza. Spaccanapoli shares its name with a street in Naples and fittingly specialises in pizza, as that city is famed for. It has a bit more of a laidback feel than La Terrazza and does not require a reservation. La Terrazza on the other hand plays homage to the cruise line's Italian heritage and offers up a selection of the nation's best cuisine. The menu is designed to be enjoyed 'family-style', with dishes perfect for sharing. The pasta is made fresh on board with traditional semolina flour and all the recipes use the freshest ingredients. Guests can dine with a view of the ocean indoors or al fresco.



## Pub quiz

1. Kovalam Beach is found in which country?
2. Milan is the capital of which Italian region?
3. Thimphu is the capital of which country?
4. The Bowery is a neighbourhood in which city?
5. Nobby's Head is a headland welcoming ships into which Australian city?
6. Which American state's citizens are referred to as "Cornhuskers"?  
a) Idaho  
b) Nebraska  
c) Ohio
7. The Airbus A380 was first delivered to which airline in October 2007?
8. In which city can you visit Prek Toal bird sanctuary?
9. Southeast Asia's Golden Triangle is the area where the borders of which three countries meet?
10. What theme park is located within Penny's Bay?

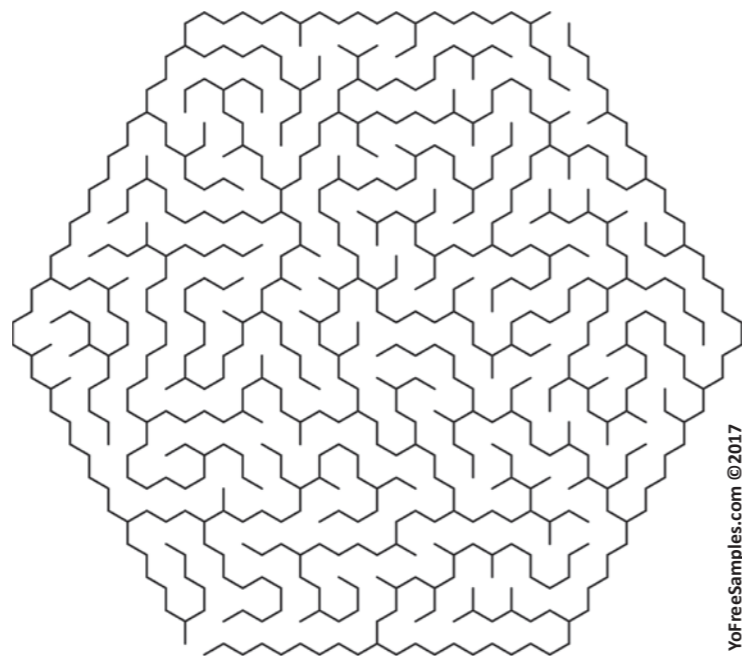
## Icon under a microscope

This landmark is iconic and easily recognisable when you see the whole picture, but can you identify it from this small portion of the image? This window, and two others just like it, is one of the most famous features of this cathedral, which is one of the most widely recognised symbols of the city it is in.



## A-maze-ing

Can you find your way through this maze? Start at the top right corner and finish in the bottom left.



YoFreeSamples.com © 2017

## Pub quiz

1. Malabar is a suburb in Sydney, but is also a coastal region in what country?
2. What five cities most prominently lay claim to the title "the Paris of the South"?
3. Rome is the capital of Italy as well as what region within the country?
4. Malindo Air is an airline from which country?
5. Kakadu National Park contains Ranger Mine, which quarries what metal?
6. In what decade did the British Raj (Britain's rule over India) begin?  
a) 1840s  
b) 1850s  
c) 1880s  
d) 1890s
7. What is the capital of Sri Lanka?
8. How many of the world's 10 tallest mountains are located in Nepal?
9. Union Square Park can be found in what city?
10. Chengdu in China is most closely associated with what animal?

## Sudoku

BEGINNER

The aim of Sudoku is to complete the entire grid using the numbers 1-9. Numbers can only be used once in each row, column & 3x3 box.

	6	7			8	2	5	
5				6			7	9
8			2			4	3	
	3	8		1	9	7		5
		5	8	4	3	6		
4		6	5	7		1	8	
	2	1			5			4
7	5			3				8
	8	3	9			5	1	

www.sudokuoftheday.com – visit them and get a new Sudoku every day!

## Seen it at the movies



The arid US states of New Mexico and Texas were used as the primary shooting destinations for this Cohen brothers film starring Josh Brolin and Javier Bardem. The stark and beautiful scenery almost serve as a central character in this critically acclaimed movie, with the main character on the run from drug lords and hired killers who want to reclaim millions of dollars he found in the desert. Can you guess the movie?

## Pick the nation

Countries have unique geography, ethnicities and cultures which come together to often form very distinctive symbols.

Based off the four different symbols and famous faces, see if you can figure out which country they represent.



## Where in the world?



This hotel was first created in order to tempt wealthy travellers to take a train trip to the destination, after the rise of airplanes and cars had taken over trains as the preferred method of travel. It was built to only function in summer, but by 1982 was 'winterised' and today offers skiing, snowboarding and ice skating. The oldest part of the hotel was built in 1913, and the most recent added in 2004. Do you know the name of this luxury hotel and where in the world it is?

## Unscramble

How many words can you make out of these nine letters? Every word needs to include the centre letter, have four letters or more and not be a proper noun or a plural. You can only use each letter once.

R	O	B
D	M	D
E	B	A

**Good – 16 words**

**Very good – 24 words**

**Excellent – 32 words**

*NOTE: We've used Chambers Dictionary to decide what words are acceptable.*

## Malaysia Airlines word search

L	F	I	K	P	T	Y	T	I	R	O	I	R	P	R
E	T	F	D	Y	T	I	L	I	B	I	X	E	L	F
X	E	L	F	Y	M	O	N	O	C	E	H	B	B	R
F	R	E	E	R	E	B	O	O	K	I	N	G	X	E
Q	G	D	N	U	F	E	R	E	E	R	F	Q	P	F
E	G	N	A	H	C	D	E	T	I	M	I	L	N	U
J	K	E	N	R	I	C	H	P	O	I	N	T	S	Y
Q	U	E	G	A	G	G	A	B	J	F	P	W	Q	Y
P	S	T	A	N	D	A	R	D	S	E	A	T	Q	F
T	B	D	M	C	H	E	C	K	I	N	R	T	Y	Z
M	M	P	O	I	N	T	S	U	P	G	R	A	D	E
E	E	R	F	Y	R	R	O	W	H	O	I	M	V	I
N	T	N	U	O	C	S	I	D	D	L	I	H	C	Z
J	G	N	I	D	R	A	O	B	S	L	D	N	G	M
K	F	L	Y	C	O	N	F	I	D	E	N	T	L	Y

See if you can find these words. They are hidden horizontally, vertically and diagonally, forwards and backwards.

CHILDDISCOUNT  
ECONOMYFLEX  
ENRICHPOINTS  
FLEXIBILITY

FLYCONFIDENTLY  
FREEREBOOKING  
FREEREFUND  
POINTSUPGRADE

PRIORITY  
BAGGAGE  
BOARDING  
CHECKIN

STANDARDSEAT  
UNLIMITEDCHANGE  
WORRYFREE

## Where in the world?

Cited as an outstanding example of the world's geological history, this National Park boasts one of the longest chains of caves in the world – the largest natural underground chamber that is huge enough to fit a total of 40 Boeing 747 airplanes!

The most distinctive and visible feature of this UNESCO World Heritage Site is the haunting white and upright limestone pinnacles. It is the most studied tropical karst area in the world, with 295km of explored caves.

Do you know where this is?



# Make it at home

In the lead up to Easter we're celebrating chocolate recipes from around the world



## Irish Chocolate Bailey's Dip

Flavoured with cream cocoa and Irish whiskey, Baileys is always a crowd pleaser when it comes to liqueurs. Take Baileys and add chocolate to it and you've got a sure-fire winner.

### Ingredients

300mL sour cream  
2 tbsp brown sugar  
1 cup Baileys liqueur  
2 Cadbury Flakes, crumbled  
Fruit to serve  
TV Snacks to serve

### Method

Mix the sour cream, brown sugar and Baileys together in a bowl until well incorporated. Refrigerate the mixture at least three hours. Remove the mixture from the fridge and crumble the Cadbury Flakes over top and mix. Serve with fruit such as strawberries, mandarin, orange segments and raspberries, and a packet of milk and dark chocolate TV Snacks to dip into the mixture.

## Puzzle answers

### Page 18

Pub quiz: 1 India, 2 Lombardy, 3 Bhutan, 4 New York City, 5 Newcastle, 6 b) Nebraska, 7 Singapore Airlines, 8 Siem Reap, 9 Laos, Myanmar and Thailand, 10 Hong Kong Disneyland Resort

Icon under a microscope: Notre Dame Cathedral, Paris, France

### Page 19

Pub quiz: 1 India, 2 Asheville, Barcelona, Buenos Aires, Nice, New Orleans, 3 Lazio, 4 Malaysia, 5 Uranium, 6 b) 1850s, 7 Sri Jayewardenepura Kotte, 8 Eight, 9 New York City, 10 Giant panda

Seen it at the movies: No Country for Old Men

Sudoku:

3	6	7	4	9	8	2	5	1
5	4	2	3	6	1	8	7	9
8	1	9	2	5	7	4	3	6
2	3	8	6	1	9	7	4	5
1	7	5	8	4	3	6	9	2
4	9	6	5	7	2	1	8	3
9	2	1	7	8	5	3	6	4
7	5	4	1	3	6	9	2	8
6	8	3	9	2	4	5	1	7

### Page 20

Where in the world: Fairmont Chateau Lake Louise, Alberta, Canada

Pick the nation: Russia

Unscramble: amber, armed, barm, beam, berm, bomb, bombard, BOMBARDED, bombe, bombed, bomber, bream, dame, demo, demob, dome, domes, dorm, dram, dream, madder, made, mare, mead, mobbed, mode, more, ombre, radome, ream, roam, roamed

### Page 21

Where in the world: Mulu Pinnacle, Sarawak, Malaysia

# *Feeling inspired?*

Contact your local travel  
agent to start planning  
your next dream holiday

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